



ROCKY MOUNTAIN ATHLETIC CONFERENCE

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CELEBRATING A CENTURY OF EXCELLENCE

OCTOBER 28, 2009

2009-10 RMAC WOMEN'S BASKETBALL PRESEASON POLL

East Division			08-09 RMAC	Overall
D	O	School (1st Pl. Votes)	Record	Record
1.	(2)	Colorado Mines (1)	14-5	19-11
2.	(4)	Colorado Christian	9-10	14-15
2.	(4)	Nebraska-Kearney	14-5	20-10
4.	(6)	Regis	11-8	14-14
5.	(7)	Metro State	12-7	14-14
6.	(10)	Chadron State	6-13	11-16
7.	(12)	UC-Colorado Springs	6-13	8-19

West Division			08-09 RMAC	Overall
D	O	School (1st Pl. Votes)	Record	Record
1.	(1)	Fort Lewis (13)	18-1	28-4
2.	(3)	CSU-Pueblo	13-6	22-9
3.	(8)	Adams State	10-9	14-14
4.	(9)	Western State	10-9	14-14
5.	(11)	Western New Mexico	6-13	8-19
6.	(13)	Mesa State	3-16	6-21
7.	(14)	New Mexico Highlands	1-18	3-23

2009-10 RMAC Women's Basketball Preseason All-East Team

- F #*Emily Dalton, Colorado Mines (Senior, 5-11)
- F Abby Rosenthal, Colo. Christian (Senior, 6-1)
- F Rae Bean, Metro State (Senior, 6-0)
- G Talmai Aguirre, Colo. Christian (Senior, 5-7)
- F Lauren Luebbe, Regis (Senior, 5-10)

2009-10 RMAC Women's Basketball Preseason All-West Team

- P #*Allison Rosel, Fort Lewis (Senior, 5-11)
- G *Vera Jo Bustos, Adams State (Junior, 5-8)
- G *Laura Haugen, Fort Lewis (Senior, 5-9)
- F Audra Major, Western N.M. (Senior, 5-10)
- G Brooke Pendergraft, Western State (Soph., 5-11)

Players are listed in order of points received.

*- unanimous selection

#- Preseason Divisional Player of the Year

PRESEASON FIRST TEAM ALL-RMAC



ALLISON ROSEL
FORT LEWIS
SENIOR
COLO. SPRINGS, COLO.
DOHERTY HS



VERA JO BUSTOS
ADAMS STATE
JUNIOR
LAS VEGAS, N.M.
WEST LAS VEGAS HS



EMILY DALTON
COLORADO MINES
SENIOR
GOLDEN, COLO.
ARVADA WEST HS



ABBY ROSENTHAL
COLORADO CHRISTIAN
SENIOR
CEDAR RAPIDS, IOWA
KENNEDY HS



LAURA HAUGEN
FORT LEWIS
SENIOR
FORT COLLINS, COLO.
FORT COLLINS HS

2009-10 RMAC PRESEASON PLAYER OF THE YEAR

ALLISON ROSEL
FORT LEWIS
SENIOR
COLO. SPRINGS, COLO.
DOHERTY HS



2009-10 RMAC PRESEASON DEFENSIVE PLAYER OF THE YEAR

AUDREY GEORGE
FORT LEWIS
SENIOR
LONGMONT, COLO.
NIWOT HS

